

More About Sweaty Sheep & Edge Outreach

Sweaty Sheep

If you believe that worship is movement, in the acting out of our faith through a mixture of service and play, then maybe you are a *Sweaty Sheep*. Sweaty Sheep Ministries is on the run to let everyone **know that Christianity isn't just about sitting in church, it's about having fun, enjoying life, and, well, MOVEMENT.**

www.sweatysheep.com

Edge Outreach

EDGE seeks to empower ordinary people to save lives with clean safe water.

EDGE knows that waterborne illnesses and deaths are preventable. We envision a world where our education of water purification, health and hygiene, hand pump repair, and biosand filtration reaches the edge's of the world and ends the world's water problem.

www.edgeoutreach.com

Proceeds from this run will benefit the ongoing works of these organizations.



Northeast Christian Church Main Street

9900 Brownsboro Road

Louisville, KY 40241

On the corner of Brownsboro and

Chamberlain Lane

More Info:

Phone: 502-387-3056

E-mail: don@donharris.net



Main Street 5K Run/Walk

Presented by Sweaty Sheep Ministries at
Northeast Christian Church

September 17, 2011

Sign in at 8am
Start at 9am

Race Information

The Main Street 5k begins and ends at Northeast Christian Church, located at 9900 Brownsboro Road, Louisville, KY 40241. It's on the corner of Brownsboro Road and Chamberlain Lane.

This race is organized by Sweaty Sheep Ministries, which is dedicated to displaying the light of Christ through an active lifestyle. Proceeds from the race will go to support the mission of Sweaty Sheep and Edge Outreach. See the back panel for more info about these organizations. You can also go to www.sweatysheep.com or www.edgeoutreach.com to find out more.



Course Description

Flat and fast course that starts and finishes at **Northeast Christian's new Main Street facilities** and tours the adjoining neighborhoods. Police will be on hand for traffic control on Chamberlain Lane.

Fun Stuff

If you register before race day, you get to choose from a really sweet shirt or an official Sweaty Sheep dri-fit hat. **Shirts or hats can't be guaranteed if you register on race day.** We'll also have Edge Outreach providing water for runners through its very cool water purification system. Plan to stay after for live music, a few munchies, and fun with friends.

Registration and Packet Pick-up Information

Registration is \$20, but if you bring a pair of lightly used running shoes for the **Edge Outreach it's only \$15!** Number pick up is race day morning beginning at 8am. Race start is 9am sharp.



Mail Entry Form and make Checks payable to:

"Team Sweaty Sheep"

P.O. Box 84, 1044 Alta Vista Rd., Louisville, KY 40205

NAME: _____ AGE: _____

SEX: ____ Email: _____

ADDRESS: _____

CITY: _____ STATE: ____ ZIP _____

I'd like to receive: (Check one)

Race Shirt: ____ small medium large (circle one)

Hat: ____

Registration Fee Enclosed:

____ \$20 ____ \$15, I'll contribute some shoes

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with running this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry fee, I, for myself, and anyone entitled to act on my behalf, waive and release Sweaty Sheep and Northeast Christian Church, and all sponsors, their representatives and successors, for all claims or liabilities of any kind arising out of my participation in this event.

Signature (Parent's Signature If under 18):

Date: _____