

TEAM SWEATY SHEEP



Christianity on the Move

I wonder...

When in the course of Christianity did we decide that church was a sedentary activity?

... that Faith was a passive experience?

If you find God through movement, through a mixture of active service and prayer...

If God speaks the most clearly to you when you are out living and enjoying our earthly playground...

If you would rather tithe your sweat than your money...

Yes, if you are ready to experience God and skinny dip in the fountain of life...

Maybe you are a Sweaty Sheep!

Re-Creation through Recreation

What is a Sweaty Sheep?

Sweaty, adjective:

1. exuding, soaked in, or inducing sweat

Sheep, noun:

1. a furry farm animal
2. a person regarded as a protected follower of GOD

A Sweaty Sheep is a person exuding, soaked in, or inducing God's love and energy.

Are you a church?

What is church?

Is it a building, or a worshipping community where two or more are gathered together in the name of God?

We worship, in our own unique way. We have a variety of worship opportunities ranging from races to bonfires, from yoga to dancing. So, if exuding, soaking in or inducing the energy and love of God counts... we're a church! If not, we're a pretty fun and faithful "non" church.

We are affiliated with the Presbyterian Church (U.S.A.) and serve as a network for local congregations, but we are fully inclusive and open to members of all faiths.

How can I join the flock?

Come out to play!

- Join us at one of our events
- Friend us on Facebook
- Get involved by leading an event
- Invite us to your church
- Pledge financial support for an athlete or Sweaty Sheep program

We are a certified non-profit program of the Mid-Kentucky Presbytery. Your donations make our ministry possible, and help to serve the community in any number of innovatively sweaty ways... just ask for details!

What do you do?

Running

We are involved in a wide range of local and national races as hosts and as participants.

We partner with local race providers to provide support, volunteers, prayer, etc. We would love to have you join our racing team!

Service

We are called as Christians to serve... a Sweaty Sheep believes this means tithing our sweat.

We have worked with local organizations such as Edge Outreach, the House of Ruth, Salvation Army, Humane Society and Olmstead Parks, and are always open to new and exciting ways to serve!

Play

We believe that "you can discover more about a person in an hour of play than in a year of conversation." - Plato

The most important thing that we do on Team Sweaty Sheep is play! We have hosted kickball leagues, water balloon wars, bike tours, Frisbee games... keep your requests coming for new ways to play together as a community!

